

STEREOCHEMICALLY CONTROLLED SYNTHESIS OF 20-ISOCOLESTEROL

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Cholesterol (20R) is a precursor of pregnenolone in mammalian adrenal cortex.¹ The intermediacy of both (22R)-22-hydroxycholesterol and (20R,22R)-20,22-dihydroxycholesterol in this conversion is well established.² Our recent studies with various steroids using a highly purified steroid side chain cleaving enzyme have revealed that the enzyme appears to be more fastidious in its steric requirement at C-20 than at C-22.³ Interestingly, 20-isocholesterol (20S) showed significant *in vitro* inhibitory activity in the conversion of cholesterol to pregnenolone.³ For this purpose, we explored a novel, stereochemically controlled synthesis of 20-isocholesterol 10.

The synthesis of 20-isocholesterol employing regioselective catalytic hydrogenation of the 20,21-didehydrocholesterol has been reported.⁴ This hydrogenation process, however, is not stereoselective providing a 1:1 mixture of the C-20 epimers of cholesterol. This communication describes a highly stereochemically controlled synthesis of 20-isocholesterol (20S) starting from pregnenolone tetrahydropyranyl (THP) ether 1. A novel stereospecific isomerization of the epoxide 2 to the 20-iso-21-aldehyde 3 accompanies the reaction of 2 with a Grignard reagent.

The key intermediate is the 20-iso-22-hydroxy compound 6, available from the 20R-epoxide 2.⁵ Treatment of pregnenolone THP ether 1 with excess dimethylsulfoxonium methylide yielded exclusively the 20R-epoxide 2:⁶ mp. 132-134°C; NMR: ¹H (δ ppm) 0.83 (s, 3H, 18-H), 1.38 (s, 3H, 20-CH₃), and 2.27 and 2.46 (AB quartet, J_{AB} = 5.0 Hz, 2H, 21-H), ¹³C (δ ppm) 13.0 (18-C), 51.5 (21-C), and 56.1 (20-C).[#] The 20R-configuration of this epoxide was assigned on the basis of its conversion into the known (20S)-20-hydroxycholesterol 5.⁸ Thus, the alkyldithiane adduct 4 [NMR: ¹H (δ ppm) 0.83 (s, 3H, 18-H) and 1.51 (s, 3H, 21-H), ¹³C (δ ppm) 13.3 (18-C), 53.6 (23-C), and 76.3 (20-C)], obtained from the reaction of 2 with 2-lithio-2-isobutyl-1,3-dithiane, was reduced with Raney nickel to (20S)-20-hydroxycholesterol 5: mp. 133-134°C; [α]_D²³ -56° (c 1.15, CHCl₃); NMR: ¹H (δ ppm) 0.86 (s, 3H, 18-H) and 1.27 (s, 3H, 21-H),⁸ ¹³C (δ ppm) 13.6 (18-C) and 75.3 (20-C). Alternative treatment of the epoxide 2 with excess isoamylmagnesium bromide in

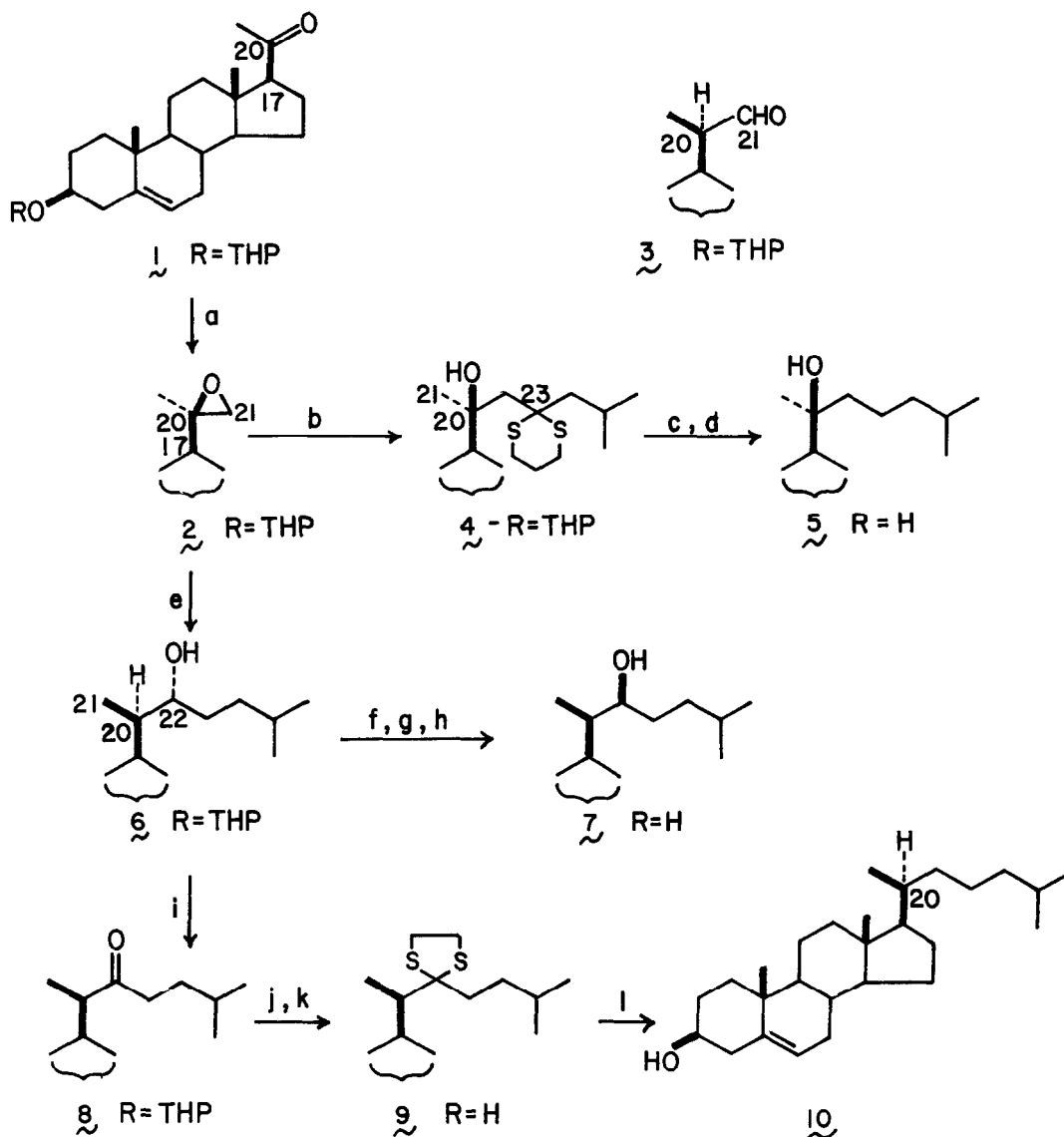
[#]NMR spectra were taken with a Jeol MH-100 (¹H) and a Varian CFT-20 (¹³C) in CDCl₃.


refluxing THF for 4 hours provided (20R,22R)-20-iso-22-hydroxycholesterol 3-THP ether 6 in 80% yield: mp. 131-133°C; NMR: ^1H (δ ppm) 0.69 (s, 3H, 18-H), 0.82 (d, $J = 6.0$ Hz, 3H, 21-H), and 3.82 (m, 1H, 22-H overlapped with the THP 3'-H's), ^{13}C (δ ppm) 11.3 (21-C), 12.2 (18-C), and 72.9 (22-C). This is in marked contrast with the results of Sydykov and Segal⁹ who report obtaining the Grignard adduct at C-20, as well as, a dimeric epoxy steroid. The 20R,22R-stereochemistry of 6 was validated by its conversion to (20R,22S)-20-iso-22-hydroxycholesterol 7 [mp. 204-205°C; NMR: ^1H (δ ppm) 0.70 (s, 3H, 18-H), 0.83 (d, $J = 6.0$ Hz, 3H, 21-H), and 3.80 (m, 1H, 22-H)], which has also been obtained as one of the two products from the reaction of (E)-20,22-didehydrocholesterol with diborane followed by alkaline hydrogen peroxide treatment.¹⁰ The Grignard reaction presumably proceeds via an initial Lewis acid-catalyzed, stereospecific isomerization of the epoxide 2 into the 20-iso-21-aldehyde 3¹¹ followed by the stereoselective reaction of the aldehyde with the Grignard reagent.

The conversion of 20-iso-22-hydroxycholesterol 6 into 20-isocholesterol 10 was accomplished as follows: Oxidation of 6 with pyridinium chlorochromate¹² gave the 20-iso-22-keto steroid 8 without affecting the stereochemistry at C-20: mp. 148-150°C; $\nu_{\text{max}}^{\text{CHCl}_3}$ 1718 cm^{-1} ; NMR: ^1H (δ ppm) 0.67 (s, 3H, 18-H) and 1.03 (d, $J = 6.0$ Hz, 3H, 21-H), ^{13}C (δ ppm) 12.1 (18-C) and 215.6 (22-C). The deprotected 3-hydroxy steroid 8 (R = H) was converted into the thioketal 9 [NMR: ^1H (δ ppm) 0.68 (s, 3H, 18-H) and 1.08 (d, $J = 7.0$ Hz, 3H, 21-H), ^{13}C (δ ppm) 12.8 (18-C) and 80.0 (22-C)], which was then reduced with Raney nickel to the C-22 methylene, 20-isocholesterol 10. This reduction of the thioketal 9 is accompanied by the formation of traces of olefinic compounds which are readily removed during recrystallization. An alternative procedure for the removal of the 22-oxygen function employing the mesylation of 6 followed by super hydride treatment and removal of the 3-THP group produced considerable amounts of (E)- and (Z)-20,22-didehydrocholesterol (~50%), as well as, the desired 20-isocholesterol (~40%). Isolation of the latter from the product mixture proved to be too laborious.

The 20-isocholesterol thus obtained [10: mp. 152-154°C; $[\alpha]_{\text{D}}^{23} - 45^\circ$ (C 0.101, CHCl_3); lit., mp. 152-154°C,⁴ mp. 153-154°C;¹³ $[\alpha]_{\text{D}} - 42^\circ$ (CHCl_3)⁴] was identical with an authentic sample and had physico-chemical constants distinct from those of cholesterol. Among these, both ^1H NMR¹³ and ^{13}C NMR are especially diagnostic for the differentiation of the two; *i.e.*, cholesterol: ^1H (δ ppm) 0.69 (s, 3H, 18-H) and 0.91 (d, $J = 6.0$ Hz, 3H, 21-H), ^{13}C (δ ppm) 11.8 (18-C); 20-isocholesterol: ^1H (δ ppm) 0.68 (s, 3H, 18-H) and 0.82 (d, $J = 6.0$ Hz, 3H, 21-H), ^{13}C (δ ppm) 12.1 (18-C).

SCHEME I. Synthesis of 20-Isocholesterol.



^a(CH₃)₃S(O)I, room temperature, 4 days, 88%; ^b, THF, 0°C, 18 hrs, 66%; ^cRaney nickel W-2, EtOH, reflux, 30 mins, 95%; ^dMeOH, trace of 3N HCl, room temperature, 2 hrs, 98%; ^eSee text; ^fCH₃SO₂Cl, pyridine, 5°C, 5 hrs, 98%; ^gKO₂, 18-crown-6, DME/DMSO (1/2), room temperature, 12 hrs, 96%; ^hSee d, 99%; ⁱPyridinium chlorochromate, NaOAc, CH₂Cl₂, room temperature, 2.5 hrs, 84%; ^jSee d, 30 mins, 96%; ^k1,2-Ethanedithiol, BF₃-etherate, AcOH, room temperature, 1 hr, 98%; ^lSee c, 62%.

This constitutes a highly stereochemically controlled and efficient (34.5% overall yield from pregnenolone THP ether 1) synthesis of 20-isocholesterol 10.

Acknowledgment

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